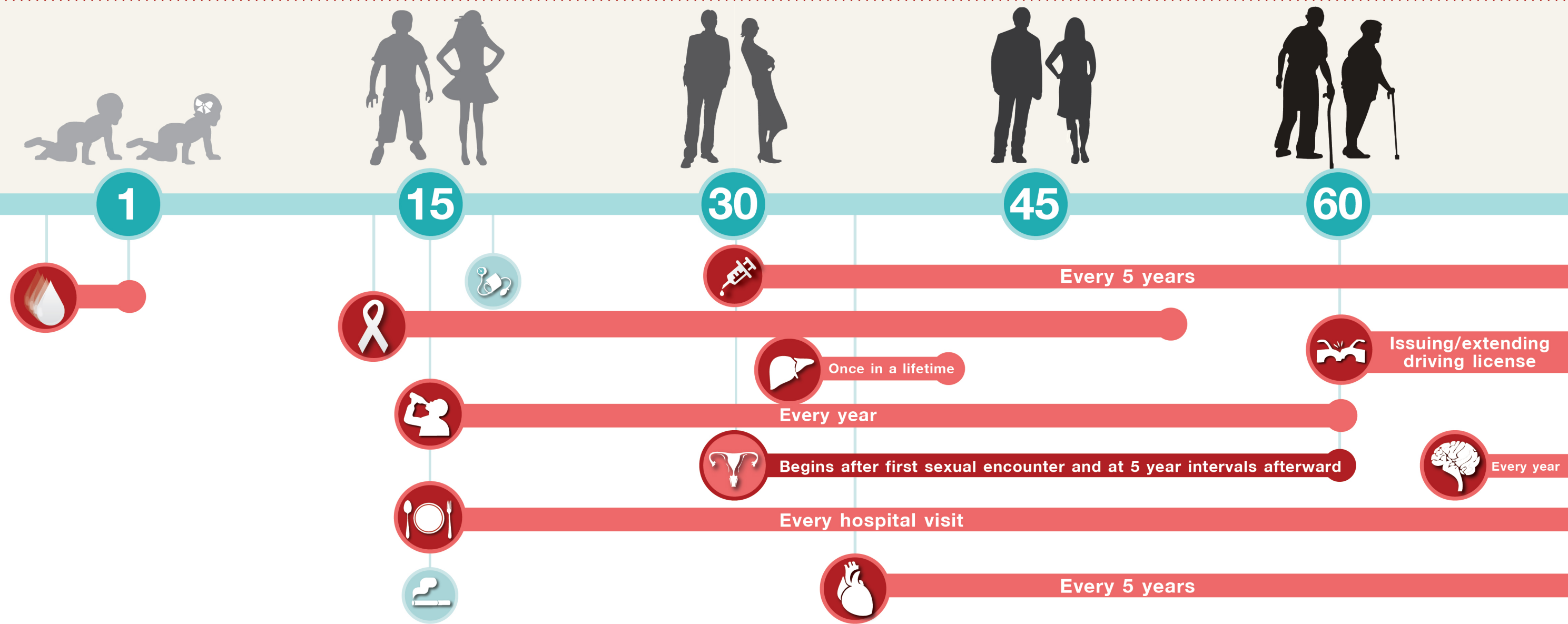


Recommended Health Screening Packages under the Universal Health Coverage



Population at age	Disease/health Problems	Screening strategy	Population at age	Disease/health Problems	Screening strategy
Age 9-12 months old	Anaemia	Complete blood count (CBC) or Hematocrit (HCT)	Females aged 30-60 years old or at first sexual encounter, every 5 years	Cervical cancer	Pap smear and VIA
Age 13-50 years old (on a voluntary basis)	HIV	HIV testing and counselling	Age 35 years old and above, every 5 years	Ischemic heart disease	Global risk score (blood pressure, cholesterol level, waist circumference, blood glucose level, **smoking history)
Age 15-60 years old, every year	Alcohol dependence	Screening for alcohol dependence using ASSIST followed by a brief intervention	Age 60 years old and above, when issuing/extending driving license	Traffic accident	Visual acuity Issuing/extending driving license
Age 15 years old and above, every hospital visit	Malnutrition /Over nutrition	Body Mass Index (BMI) and screening for history of food consumption, unintentional weight loss or continued weight loss for elderly	Age 65 years old and above, every hospital visit	Stroke	Pulse palpitation and electrocardiogram (ECG) for people with abnormal pulse
Age 30 years old and above, every 5 years	Diabetes mellitus	Fasting Plasma Glucose (FPG)			
Age 31-40 years old, once in a lifetime	Liver disease /liver cancer	HBsAg and Anti-HBs, then HBV vaccination in those with no immune			



*Persons aged 18 years old and above should receive blood pressure reading every hospital visit



**Persons aged 15 years old and above should be asked for smoking status every hospital visit