This is a "preproof" accepted article for *International Journal of Technology Assessment in Health Care*. This version may be subject to change during the production process. DOI: 10.1017/S0266462325100123

1 DEFINING EARLY HEALTH TECHNOLOGY ASSESSMENT: BUILDING CONSENSUS USING DELPHI

2 TECHNIQUE

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- 46 Disclaimer: the views expressed in the paper are those of the authors and not their employers or
- 47 funders.
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49 Abstract

Although early health technology assessment (HTA) is increasingly being used to guide and inform
 decisions on product development, a consensus definition is currently lacking.

52 A working group under the Health Technology Assessment international society (HTAi) was 53 established to develop a consensus-based definition of early HTA.

54 The working group developed a definition using an iterative process which comprised five stages of 55 work and included a two round Delphi survey with 133 respondents in the first and 99 respondents in 56 the second round of the survey, with various backgrounds and levels of expertise. Following this 57 process, the working group reached the first-consensus based definition of early HTA, which is "a 58 health technology assessment conducted to inform decisions about subsequent development, 59 research and/or investment by explicitly evaluating the potential value of a conceptual or actual health 60 technology." In total, eighty-six (87 percent) of the ninety-nine panellists who participated in the 61 second round of the Delphi survey either strongly agreed or agreed with this definition.

This consensus definition represents an important milestone in early HTA. It will enhance uniformity
of terminology increasing the visibility of research and policy in this field. We also hope that it will act
as a catalyst, sparkling further research and developments in this discipline.

65

66 Keywords: Technology Assessment, Biomedical; Terminology as Topic; Value-Based Health Care;

67 Decision Making; Translational Research, Biomedical

69 Introduction

70 According to the HTA glossary definition (1), health technology assessment (HTA) is a multidisciplinary 71 process that uses explicit methods to determine the value of a health technology at different points 72 in its lifecycle. The most familiar form of HTA is work conducted by HTA agencies, on behalf of 73 healthcare systems or other payers, to inform reimbursement or adoption decisions (including price 74 negotiations). HTA is often used to inform decisions about the adoption, use or pricing of 75 pharmaceuticals, medical devices, and other technologies (defined widely in the HTA glossary 76 definition) (2). However, HTA is also performed in earlier stages of development of a technology, to 77 inform pre-market decisions (3). This has been named 'early HTA' or 'development-focused HTA' and 78 encompasses a broad range of work and technologies (3-7). For example, early HTA could inform 79 private or public innovators or investors during research into a new pharmaceutical, medical device 80 or diagnostic; innovators looking to improve hospital processes; or potential users in the early stages 81 of development, looking into the design or alternative adoption strategies of an innovative health 82 technology (5, 8). Early HTA can be conducted within healthcare settings as part of broader hospital-83 based HTA (9), for example to help inform the in-house development of technologies, but is also 84 performed within life science industries that supply technologies into the health system (10-13).

85 Early HTA is increasingly being used in all research and development phases, in different technology 86 readiness levels. It has great potential to reduce research waste, ensuring that investment goes to 87 technologies which are expected to create value, and are optimised to ensure they are fit for purpose 88 (14-17). This focus on early assessment is in line with multiple policy initiatives from health systems 89 and other payers set to provide information earlier in the lifecycle on the potential value of a new 90 technology to guide investment and assessment prioritisation (18-21). Horizon scanning is the 91 systematic identification of health technologies that are new, emerging or becoming obsolete and 92 that have the potential to affect health, health services and/or society (22). Early HTA, on the other 93 hand, refers to the assessment of these new and emerging technologies.

94 Often stakeholders utilising early HTA do not explicitly state that they consider their activity to fall 95 within this remit and use other terms to describe it. For example, pharmaceutical companies use a 96 range of 'target assessment' frameworks in which important activities include the defining of unmet 97 need and clinical differentiation (23). Both activities form part of early HTA, often as a first step. Much 98 early HTA, particularly that undertaken primarily to inform innovators, remains unpublished as it may 99 be commercially sensitive (24). Early HTA draws on a suite of complementary methods to assess the 100 need for the innovation or develop target product profiles, such as interviews, expert (stakeholder) 101 elicitation, and health economic modelling (3, 4, 7, 17, 25). These methods can be used to explore the 102 potential value of a technology in development using scenarios based on real-world settings, for 103 example, reflecting alternative positions in a clinical pathway a technology could be used, or 104 considering alternative implementation contexts and the interoperability of a technology with existing 105 health systems.

106 With increasing use of early HTA, there has been considerable debate over its precise definition, and 107 if and how it differs from related concepts such as 'early awareness', 'early dialogue', 'early (scientific) 108 advice' and 'development-focused HTA'. Considering the multiple policy initiatives emerging in 109 different parts of the world (18-21) and the heterogeneity in the field, clear guidance on terminology, 110 methods and reporting of early HTA would greatly assist practitioners, as well as journals seeking to 111 ensure the quality of published work. The purpose of this study is to address the first of these issues 112 and establish consistency in terminology. A working group under the Health Technology Assessment 113 international society (HTAi) was initiated to establish consensus on the definition of early HTA. This 114 paper reports the findings of this group and presents the first consensus-based definition of early HTA.

116 Methods and Results

117 Our study used an iterative process comprising five stages of work undertaken by two bodies; the 118 working group established under the auspices of HTAi and the panel who responded to the two stages 119 of the consensus Delphi process. We chose to undertake a Delphi process as it is an appropriate 120 method to reach consensus (26). With the Delphi process we wanted to reach as many people working 121 in the field as possible. We report the methods and results of these stages chronologically, in line with 122 the Guidance on Conducting and Reporting Delphi Studies (CREDES) (26) (see Figure 1). The working 123 group was established from a group of individuals interested in early HTA who were brought together 124 by the first authors (JG and JB) following a call across their networks and to attendees of the HTAi 125 Annual Meeting in the Netherlands, in June 2022. Members of this wider group volunteered to join a 126 terminology working group. Further members were added when it was formally accepted as a working 127 group of HTAi in the summer of 2023. An advisory board was composed with five experts from 128 different backgrounds. The total working group consisted of seventeen core working group members 129 and five advisory board members. These twenty-two people are referred to as the working group. The 130 panel for the Delphi survey comprised all those who responded to the first round of the survey. The 131 characteristics of both the working group and the panellists can be found in the Supplementary 132 Materials.

133 Stage one – development of definitions and supporting materials

Stage one started with a rapid review of reviews of early HTA, undertaken by JG in February 2023 based on an update of the search set out in Grutters et al, 2022 (4). Keywords were "('early health technology assessment' OR 'early evaluation' OR 'early assessment') AND 'methodology' AND 'review'." The search added eighty-five papers to the previous review of which two were considered relevant. Working group members were invited to add relevant review papers . Eleven papers were identified including nine separate definitions (3, 5, 6, 8, 24, 27-32). These were set out in the materials circulated in the first round of the Delphi survey (see Supplementary Materials). JG and JB developed 141 an initial suggested definition based on the output from this review as well as the HTA glossary 142 definition of HTA (1). These materials were then forwarded to the working group for their 143 consideration. The working group decided to define the terms 'early HTA', 'development-focused HTA' 144 and 'early dialogue'. Other terms were used in the papers reviewed, but the working group preferred 145 early HTA due to its prominence in the literature and development-focused HTA as it captured the 146 distinct nature of work undertaken to inform the development of health technologies. Early dialogue 147 was included because when setting up the working group, there was much discussion about if and 148 how early HTA was different from early dialogue. Often used terms such as early economic evaluation 149 or early health economic modelling (28, 31, 32) were considered specific methods that could be used to inform early or development-focused HTA and were therefore not included in the scope of the 150 151 study. The initial definition of early dialogue was taken from a recent publication by Blankart et al (33). 152 To avoid bias, the first survey included a question asking panellists whether they agreed with the use 153 of the terms we had suggested and asking for their own suggestions.

154 The first survey comprised background questions, definitions of 'early HTA', 'development-focused 155 HTA' and 'early dialogue'; a table setting out a detailed definition of early HTA in stages; and a table 156 reconciling the suggested definition of early HTA with the nine definitions found in the rapid review. 157 The full text circulated was refined iteratively through consultation with the working group. The final 158 draft of the survey was piloted with five colleagues who were not involved with this work and no 159 changes to the context or structure were required. The survey, including the initial definitions is 160 included in the Supplementary Materials. The Supplementary Materials also include the 161 characteristics of the working group and panellists who responded to the survey Thirteen members 162 of the working group were panellists in round one and two. Their characteristics are included in all 163 relevant columns.

165 Stage two – round one Delphi survey

166 A protocol for the Delphi study was developed by the working group (see Supplementary Materials). 167 An ethical waiver was received from Radboud university medical center as no patients were included 168 and participation in the study was not associated with any risks or harms. The first round of the Delphi 169 survey was circulated on 26 October 2023 with responses required by 24 November 2023. The survey 170 was accompanied by an information sheet for participants (see Supplementary Materials). The survey 171 started with an explicit consent statement the respondents were asked to agree with. The purpose of 172 the first round of the survey was to elicit qualitative comment rather than to seek consensus. We 173 sought to reach a wide range of stakeholders with an interest in early HTA, including health policy 174 makers and those in academia, HTA agencies, consultancy and industry. As early HTA is an emerging 175 field we sought to be inclusive of all interested individuals regardless of their level of experience. We 176 distributed the survey link through personal networks and social media and encouraged panellists to 177 forward the survey link on to interested parties in their own networks. HTAi also distributed the 178 invitation to all Interest Groups within their organisation and via their newsletter. Panellists in round 179 one were asked to provide their email address if they wished to be included in round two.

We received 133 responses to round one of the survey, all of them gave informed consent. 119 (of
133) panellists included their email addresses in order to be invited to participate in round two and
114 panellists included free text comments for consideration.

In response to the question about whether panellists agreed with the use of the three terms we sought to define: 'early HTA', 'development-focused HTA' and 'early dialogue', many panellists found it difficult to distinguish between 'early HTA' and 'development-focused HTA'. Panellists felt that the concept of development-focused HTA covered the earliest stages of early HTA and that – if included then another complementary term covering the later stages of early HTA should also be included. There were contrasting views about the definition of 'early dialogue' and its fit with early HTA. Multiple panellists regarded early dialogue as a method of stakeholder involvement used for early 190 HTA. If it was a specific type of stakeholder involvement, as the proposed definition suggested,

191 panellists suggested changing the term accordingly, for example 'early regulatory dialogue'.

In response to our question about any other suggested terms, panellists proposed twenty-six
alternative terms, with one term, 'developmental HTA', suggested twice.

194 Stage three – decision on scope and revision of definition

195 Stage three involved collaborative consideration by the working group of the feedback received from 196 round one of the survey and amendment of the definition of early HTA. At this stage, we also discussed 197 the characteristics of the panel and identified some additional questions regarding the panellists' 198 characteristics which we wished to ask in round two. Given the responses on development-focused 199 HTA being a subset of early HTA, the working group considered that introducing another 200 complementary term covering the later stages of early HTA would create confusion. Hence, the 201 working group decided to drop development-focused HTA and concentrate on the definition of early 202 HTA, as the more comprehensive and recognised term. The working group also decided that, given 203 the multiple policy initiatives in the area of early dialogue at present and the greater expertise 204 elsewhere in HTAi on this topic, we would not seek to develop a consensus definition for this term. 205 Regarding the alternative terms that were suggested by the panellists, many were suggested as mirror 206 terms for development-focused HTA or in order to provide two terms to sub-divide early HTA. In view 207 of the absence of a dominant alternative, the working group decided to focus only on the definition 208 of the single term 'early HTA'

The working group reviewed the responses, and the main themes were discussed at length. An iterative amendment process was undertaken, comprising a meeting of the working group and subsequent group emails, until the working group were satisfied that the definition reflected their understanding of early HTA. At this stage, we also consulted a panellist and lexicographer who were involved in the HTA Glossary. Box 1 sets out the initial definition circulated with round one and the final definition arrived at by the working group. Based on the advice offered, 'health technology assessment' appears as the first phrase in the definition to link directly to the overall definition in the HTA glossary. Early HTA is a sub-set of health technology assessment, which means that concepts from the main definition such as 'in order to promote an equitable, efficient and high quality health system' are implied and therefore not required in our core definition. In the Supplementary Materials we explain the working group responses to feedback received in the first round and how that was taken into account in the different aspects of the definition.

221 Stage four – round two Delphi survey

222 In the second round of the survey, we asked participants to respond on a Likert scale to indicate 223 whether they strongly agreed, agreed, were neutral, disagreed or strongly disagreed with the 224 definition. They were asked to provide comments to support their responses. Participants who had 225 provided their email addresses in round one were sent a personal link to complete round two. As pre-226 specified in the protocol, we considered consensus reached if seventy percent of panellists or more 227 either strongly agreed or agreed with the definition. Panellists were asked to provide name and 228 affiliation if they wished to be acknowledged in this paper. In addition, we asked them questions about 229 their geographical background and follow-up questions about their expertise in (early) HTA.

230 Of the 119 panellists who provided their email addresses in the first round, 99 (83 percent) took part 231 in the second round. Figure 2 shows the level of agreement reached in the second round. In total, 232 eighty-six (87 percent) panellists either strongly agreed or agreed with the definition. This compared 233 with a consensus threshold of seventy percent set in our protocol. Eight panellists (8 percent) neither 234 agreed nor disagreed, and five (5 percent) disagreed. Of the thirteen members of the working group 235 who were also panellists, five agreed and eight strongly agreed with the definition. Excluding these 236 thirteen individuals results in a level of agreement of eighty-five percent with seventy-three panellists 237 agreeing or strongly agreeing from a total of eighty-six. Excluding panellists with no experience of 238 either early HTA or early dialogue, the level of consensus is eighty-eight percent.

239 Stage five – decision on consensus

In the fifth and final stage of the study the working group considered the responses to the second round and decided whether any further amendment was required. The working group unanimously concluded that, given the strong level of agreement, the second definition, set out in Box 1, would be adopted as the consensus definition. Free text comments from the second round of the survey focused on three key areas: what early HTA can and cannot do; confusion with or between early dialogue/early awareness/early scientific advice and the timing of early HTA.

246 What early HTA can and cannot do

247 One panellist commented that early HTA cannot include early ethical, social, cultural, legal, 248 organisational and environmental aspects. The working group felt that early HTA can consider these 249 elements and that it was important to emphasise the relevance of exploring these aspects at an early 250 stage of development to anticipate later issues, even though this is currently not often included in 251 early HTA (34). Another panellist expressed concern that early HTA would be 'inaccurate' due to a lack 252 of detail and fast-moving environment. The working group felt that this comment misunderstood the 253 purpose of early HTA. Given the purpose of early HTA is to inform decisions about subsequent 254 development, research and/or investment, an early HTA would highlight a fast-moving therapeutic or 255 competitive environment and incorporate this uncertainty into analyses. Although it could be argued 256 that all HTA is on some level imprecise, economic evaluation as part of early HTA does not typically 257 give a definitive answer to a binary question about whether a health technology is or is not cost-258 effective. Rather it is intended to identify the key parameters which will influence cost-effectiveness 259 and provide some guidance about threshold levels of performance which may be required in order for 260 a technology to add value. Understanding the needs of stakeholders for a technology and the 261 conditions under which it can provide value for money is particularly important in fast-moving 262 therapeutic and competitive environments.

263 Confusion between early dialogue/early awareness/early scientific advice

264 The responses highlighted some confusion on how early HTA relates to early dialogue, early awareness 265 and early scientific advice. Possibly this is because early HTA undertaken within companies or on 266 innovators' behalf by consultants and academics is largely unseen. Panellists from HTA agencies are 267 aware that their own or associated agencies' horizon-scan for emerging technologies (early 268 awareness) and engage with innovators to discuss process and evidence requirements (early scientific 269 advice). They may be less aware of early HTA, which occurs at a much earlier stage of development 270 than these activities and is not readily visible to them. Since early dialogue explicitly concerns the 271 interaction between innovator and HTA agency and/or regulatory body, it is different from the method 272 of stakeholder involvement that can be used as a qualitative method for performing an early HTA, 273 which generally includes a broader set of stakeholders. Table 1 gives an illustration of the working 274 group's view of how these activities relate to early HTA.

275 Timing of early HTA

276 Some panellists felt it was important to specify in the definition at what stage an HTA is 'early', in 277 contrast to 'not early' HTA. The working group felt that the only clear distinction between early and 278 other forms of HTA relates to the decision problems that the respective assessments are purposed to 279 inform. The second definition (Box 1) is structured to place early HTA as a sub-set of HTA with a clear 280 purpose that is different from, for example, HTA performed to inform reimbursement decisions. The 281 further detail provided in Table 2 illustrates the typical timing of early HTA. Panellists felt it would be 282 useful to be explicit about several aspects of early HTA such as: who requests, carries out and pays for 283 the HTA; what the outputs are; whether the process is confidential; and the role of the HTA agency. 284 The working group acknowledged the relevance of these questions, but noted that the answers will 285 vary. For example, early HTA activities can be performed by a consultancy company to inform an 286 innovator on the potential value for money of their technology or idea, in which case it will be paid 287 for by the innovator and the process is probably confidential. However, early HTA could be facilitated 288 by an academic expert, paid for by a public research funder, to inform decisions on funding a clinical

study on a new technology. We added detail covering these points to Tables 1 and 2. Although the aim of the Delphi survey was to adopt a broad definition of technology and to make the definition of early HTA technology-agnostic, we acknowledge that some technologies, such as orphan drugs, digital health or service innovations may deviate from standard health technologies and our general descriptions may not capture every nuance.

294 Additional detail on stages of early HTA

295 In the first round of the survey, we included a detailed table which delineated early HTA into three 296 stages shown alongside the phases of development of a technology (see Supplementary Materials). 297 We amended the table in response to the feedback in round one (Table 2). Specific changes include a 298 recognition that, as the development of the technology proceeds into what we have termed Stage 3 299 'Research and evidence generation', HTA can still be early, but it does not necessarily have to be, 300 depending on the purpose of the assessment. If the purpose of HTA activities at this stage is to inform 301 risk sharing and ongoing monitoring arrangements as part of reimbursement/adoption decisions 302 rather than to directly inform decisions to adapt or develop the technology, it is no longer deemed 303 early. We also added detail of typical methods at each stage of development, including some 304 comments on how uncertainty may be explored, as this was a common request in the feedback to 305 round one. It should be noted that these are examples only and not intended to be exhaustive or 306 prescriptive. Table 2 should not be seen as part of the consensus definition as it was not included in 307 the second round. However, we felt it addresses most of the comments that were made on the 308 definition in round two of the Delphi process.

309 Discussion

We undertook a five stage process including a two round Delphi survey which produced consensus on a definition of early HTA. Based on this process, early HTA is defined as "a health technology assessment conducted to inform decisions about subsequent development, research and/or investment by explicitly evaluating the potential value of a conceptual or actual health technology". 314 Eleven previous papers had suggested nine definitions for early HTA or related terms (see 315 Supplementary Materials) (3, 5, 6, 8, 24, 27-32). Several of these definitions were limited to the health 316 economic modelling component of early HTA (28, 31, 32) whereas our definition considers wider 317 implications by incorporating the note from the HTA glossary definition of HTA on the dimensions of 318 value, albeit slightly amended to include implications for the innovator. Pietzsch and Pate-Cornell (8) 319 and ljzerman and Steuten (6) both recognise that the purpose of early (health) technology assessment 320 is to inform future development with the former explicitly recognising that investment and design 321 decisions may be informed. Ijzerman et al (3) explicitly recognise that industry may be the primary 322 audience defining early HTA as "all methods used to inform industry and other stakeholders about the 323 potential value of new medical products in development". Fasterholdt et al (27) defined early 324 assessment as "being performed when the initial selection of ideas or rough prototyping has taken 325 place, but prior to large scale testing or traditional clinical research. Hence, early assessment is based 326 on data from early phases, i.e. feasibility, pilot, or initial effect data". This focus on a specific stage in 327 development or the un/availability of specific data is useful in the definition of early HTA and we have 328 included both aspects in our detailed table (Table 2); however, the working group felt that the 329 distinctive feature of early HTA is that it is intended to inform decisions around development, research 330 and investment decisions. The availability or otherwise of data is not a defining characteristic of early 331 HTA.

332 We present the first consensus-based definition of early HTA. Strengths of our approach are the 333 extensive experience and different perspectives represented in our working group and by our Delphi 334 panel members. We have representation from most geographic areas, although acknowledge that 335 there is a preponderance of involvement from Europe and Australia. Although there is no recognised 336 standard for conduct or reporting of consensus exercises such as ours, we have followed the CREDES 337 best practice guidelines (26). We set out our methodology in our protocol, worked under the oversight 338 of the Scientific Development and Capacity Building Committee of HTAi and have reported all aspects 339 of our process transparently. Our study has a number of limitations. Both the working group and

Delphi panel had a strong representation from Australia and Europe. Also, most working group members and panellists were from academia, and mostly had experience with quantitative methods. This is not surprising, given most early HTA activities focus on health economics, and are performed in Europe and Australia. Both the working group and panel were open to anyone interested, and we did not have a pre-defined threshold for representation of certain stakeholders, regions or experience. Our panel and working group thereby seem to be a good representation of the current interest in and use of early HTA.

347 The development of this consensus definition of early HTA is important because it provides clarity and 348 raises the profile of the field. Although it fits within the umbrella definition of HTA developed by an 349 international joint task group co-led by the International Network of Agencies for Health Technology 350 Assessment (INAHTA) and HTAi (1) it does suggest an extension of the concept of 'value' in that 351 definition to include wider implications for innovators. It also makes clear that early HTA is not 352 restricted to the activities of HTA agencies but involves a wide range of actors from the very earliest 353 stages and may precede the development of the technology itself, with much work remaining 354 unpublished and potentially 'below the radar'. It clearly distinguishes early HTA from related but 355 distinct activities of early awareness and early dialogue/early scientific advice. Developing a consensus 356 definition of these terms was beyond the scope of this study, but would further clarify the differences 357 between the activities. We urge authors to identify their papers as early HTA, where appropriate, and 358 use our detailed table (Table 2) to report the stage of development of the technology and level of 359 evidence available. We encourage journal editors to reinforce the use of this uniform terminology in 360 order to improve visibility. Next steps for our group include the submission of the consensus definition 361 to the HTA glossary and work on methods and reporting of early HTA. In developing methods, it will 362 be useful to relate early HTA to other fields of research such as bioethics, philosophy of technology, 363 responsible research and innovation, and decision making under deep uncertainty. In addition, we 364 stress that like all definitions, this is a 'living' definition that may need to be updated in time to reflect 365 the evolution continuously happening within the field of HTA.

366 Early HTA is performed to inform decisions about development. It provides an opportunity to assess 367 the potential value of innovation before significant funds are committed, thus guiding investment 368 decisions. We also advocate the adoption of an early HTA approach in a proactive sense to identify 369 and describe specific clinical needs, and the technology features required to meet them. Furthermore, 370 early HTA provides the opportunity to ensure that technology is optimally designed and positioned to 371 deliver the most value to a diverse range of stakeholders including the innovators themselves, 372 whether they are working within the healthcare system or in industry. Early HTA, like HTA as a whole, 373 seeks to promote an 'equitable, efficient and high-quality health system'.

374 Conclusion

In this paper we have reported a five-stage process, including a two-round Delphi survey that developed and reached consensus on a definition of early HTA, which is "a health technology assessment conducted to inform decisions about subsequent development, research and/or investment by explicitly evaluating the potential value of a conceptual or actual health technology." By providing a consensus-driven definition of early HTA, we hope to enhance uniformity and harmonisation of terminology. In addition, we hope to lay the foundation for more discussion, research and methods development in this important field.

382 Acknowledgement

This work is the result of a Working Group established within Health Technology Assessment International (HTAi - https://htai.org/engage-with-us/working-groups/). The authors would like to acknowledge the Delphi panelists to participate in the project. Panelists who agreed to be named are listed in the Supplementary Materials. The HTAi Scientific Development and Capacity Building (SDCB) Committee provided a thorough review of the concept and the draft manuscript, offering valuable comments and suggestions. The authoring team is solely responsible for the final content.

389 CONFLICTS OF INTEREST

- 390 The authors declare no conflicts of interest.
- 391 FINANCIAL SUPPORT
- 392 DD: This work was partly supported by funding from the European Union's Horizon 2020 research and
- innovation programme under Grant Agreement No. 82516 (Next Generation Health Technology
- 394 Assessment (HTx) project)

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491

493 Box 1. Definition of early HTA included in the two rounds of the survey

Definition included in round one of the Delphi survey

Early HTA is a formal, systematic, transparent and multidisciplinary process that uses explicit methods, both quantitative and qualitative, to explore the potential and/or expected value of a health technology*, including the associated uncertainty, before or alongside the technology development process. Stages at which early HTA can be undertaken include the concept/discovery stage, prototype/proof of concept stage and research/evidence development stage. The stages impact upon the evidence/data available, the questions to be answered, methods to be used and the audience for the work. The purpose is to provide innovators with insight about the potential value** for the health system and commercial viability of a technology, and to inform decision-making about the (clinical) need, design of a technology, positioning of the technology in the care pathway, further research needed to prove value and potential for future market access and adoption, in order to promote a high-quality health system.

* A health technology is an intervention developed to prevent, diagnose or treat medical conditions; promote health; provide rehabilitation; or organize healthcare delivery. The intervention can be a test, device, medicine, vaccine, procedure, program, or system (definition from the HTA Glossary; http://htaglossary.net/health+technology).

**The dimensions of value for a health technology may be assessed by examining the potential intended and unintended consequences of using a health technology compared to existing alternatives. These dimensions often include clinical effectiveness, safety, costs and economic implications, ethical, social, cultural and legal issues, organizational and environmental aspects, as well as wider implications for the patient, relatives, caregivers, and the population. The overall value may vary depending on the perspective taken, the stakeholders involved, and the decision context

Accepted consensus definition

Early health technology assessment; early HTA

A health technology assessment conducted to inform decisions about subsequent development, research and/or investment by explicitly evaluating the potential value¹ of a conceptual or actual health technology².

¹The dimensions of value for a health technology may be evaluated by examining the intended and unintended consequences of using a health technology compared to existing alternatives. These dimensions often include clinical effectiveness, safety, costs and economic implications, ethical, social, cultural and legal issues, organizational and environmental aspects, as well as wider implications, for example for the patient, relatives, caregivers, innovator and the population. The overall value may vary depending on the perspective taken, the stakeholders involved, and the decision context.

² An intervention developed to prevent, diagnose or treat medical conditions; promote health; provide rehabilitation; or organize healthcare delivery. The intervention can be a test, device, medicine, vaccine, procedure, program or system.

- 494 HTA, Health Technology Assessment
- 495

	Forthe UTA Forthe dialogue / contra Forthe outpresses / hovize				
	Early HTA	Early dialogue/ early	early awareness / nonzon		
		scientific advice	scanning		
Stakeholders	Innovators	Innovators	Regulators		
involved	Funders	Regulators	HTA agencies		
	Healthcare providers	HTA agencies	Healthcare providers		
	Clinicians				
	Patients and their				
	advocate groups				
	Technology transfer				
	offices				
Purpose	To inform development of a technology, position in clinical pathway and value proposition	To ensure that innovators are aware of evidence requirements of regulators and HTA agencies (33)	To identify new and emerging technologies and assess their potential impact on health, health services and/or society (22)		
Timing	TRL <8 Pre-concept stage to research and evidence generation stage	TRL 5-8 Prototype and proof of concept (small scale pilot testing) to research and evidence generation (large scale testing)	TRL 5-9 Prototype and proof of concept (small scale pilot testing) to adoption and implementation (market access adoption and post- market surveillance)		
Conducted	Innovators	Innovators	Regulators and/or		
/commissioned	Funders		HTA agencies		
by	Healthcare providers		Healthcare providers		

497 Table 1. Relationship between early HTA, early awareness and early dialogue/scientific advice

498

499 HTA, Health Technology Assessment; TRL, Technology Readiness Levels

Table 2. Additional detail by stage of technology development

HTA terminology	Health Technology Assessment				
	Early HTA		Transitioning from Early HTA		
	Stage 1 – Concept and Discovery	Stage 2 – Prototype and Proof of	Stage 3 – Research an d E vidence	Adoption and Implementation	
		concept	Generation		
Technology-specific evidence	Bench, in silico and animal studies,	Evidence of safety and efficacy	Safety and clinical effectiveness	Evidence of safety, clinical	
	formulation, pharmacokinetic	from small sample	study. May include randomised	effectiveness, quality of life and cost	
	absorption, distribution,	Usability/patient acceptance	controlled trial or observational	implications is available but may be	
	metabolism and excretion (ADME)	studies	evidence depending on regulatory	limited to certain settings,	
	studies, establish safety, user	Pre-clinical studies, including Good	requirements.	populations or jurisdictions.	
	studies of an early prototype.	Laboratory Practice, animal safety		Post-market / Real-World studies	
	Often no efficacy or effectiveness	and toxicity,	Phase 2b and Phase 3 clinical trials		
	evidence available.	Phase 1 and Phase 2a clinical trials	conducted.		
		conducted	-		
i ypical project scenario	iecnnology-driven - either an	Potential indication and/or	rechnology and market development	Regulatory evidence base available.	
	emerging and generalised	devue	may be continuing.	Deimburgement employed in	
	technology with broad application	Gown.		Reimbursement application in	
	across several potential indications,	and setting		process or completed.	
	footures requiring a target	and setting.			
	indication softing and position in a				
	nathway				
	Needs driven no tochnology yet				
	specified with emphasis on				
	identifying and designing features				
	required to realize a patient payor				
	or inpovator improvement				
Potential stakeholders	Innovators	Innovators	Innovators	Innovators	
i otentiai stakenoiders	(industry/academic/health care	(industry/academic/health care	(industry/academic/health care	(industry/academic/health care	
	nrofessional)	professional)	nrofessional)	nrofessional)	
	Funders (private or public entities:	Funders (private or public entities:	Funders (private or public entities:	Funders (private or public entities:	
	funding research, evidence	funding research, evidence	funding research, evidence	funding research, evidence	
	generation and/or technology	generation and/or technology	generation and/or technology	generation and/or technology	
	development)	development)	development)	development)	
	Health care providers	Health care providers	Health care providers	Health care providers	
	Clinicians	Clinicians	Clinicians	Clinicians	
	Patients and their advocate groups	Patients and their advocate groups	Patients and their advocate groups	Patients and their advocate groups	
	Technology transfer offices	Technology transfer offices	Technology transfer offices	Technology transfer offices	

			Regulators	Regulators
Example of appropriate methods (not comprehensive or prescriptive)	 Qualitative methods: Care pathway analysis Stakeholder engagement (e.g. interviews/focus groups/surveys with range of stakeholders) Health economic modelling: Using data from literature, pre-clinical data and assumptions Simple exploratory models Use of headroom and threshold estimates Exploration of structural uncertainty using scenarios 	 Qualitative methods: Care pathway analysis Stakeholder engagement (e.g. interviews/focus groups/surveys with range of stakeholders) Health economic modelling: Using early data from small studies, data from literature and assumptions Simple exploratory models Use of headroom and threshold estimates Exploration of structural uncertainty using scenarios 	 Qualitative methods: Care pathway analysis Stakeholder engagement (e.g. interviews/focus groups/surveys with range of stakeholders) Health economic modelling: Using early data from larger studies Probabilistic models Value of information analysis Budget impact assessment 	 Qualitative methods: Care pathway analysis Stakeholder engagement (e.g. interviews/focus groups/surveys with range of stakeholders) Health economic modelling: Prepared in accordance with context-specific requirement (E.g. NICE reference case
Key questions about development of the technology	What characteristics does the technology need to deliver on the proposed value proposition claims? What evidence needs be generated to meet future regulatory/HTA requirements? What is the feasibility of collecting evidence required to demonstrate value, assessment of epidemiology, natural history and burden of disease?	Questions as per Stage 1 plus: How usable is the technology? Would this be acceptable to intended users? Should we invest in preliminary data collection to inform safety and effectiveness? What are the barriers/facilitators to adoption and/or implementation?	Questions as per Stage 2 plus: What logistical considerations are required to provide timely access? What are the implementation considerations (health system readiness, work force planning and resource allocations)? What are the timeframes to meet to ensure timely access?	
Key questions about positioning of the technology	What is/are the current clinical pathway/s? How would the technology change the care pathway? What is the room for improvement? What is the targeted patient population?	Questions as Stage 1	Questions as Stage 2	

Key questions about the	Who are main stakeholders for the	Questions as per Stage 1 plus:	Questions as per Stage 2 plus:	Is the technology likely to be cost-
value proposition of the	future adoption of the technology?	At what price/performance	Does preliminary evidence on safety	effective in the specific population
technology	What is the notential impact on	characteristics is the technology	and effectiveness justify investment	nosition in nathway and jurisdiction
technology	health cost resource availability	likely to be cost effective in	in large scale testing?	at set price?
	nearth, cost, resource availability,	intery to be cost-effective in		Cheveld we fund (as your (a damt the
	equity, accessibility, efficiency of	Are the expected revenues and		should we fund/cover/adopt the
	sustainability?	Are the expected revenues and		new technology?
	What is the minimum level of	commercial return on investment		Should conditions be placed on
	outcomes that is needed, given	sufficient to develop the		adoption for restricted coverage,
	threshold costs?	technology?		risk-adjusted pricing, and further
	What is the maximum costs the			evidence generation?
	expected outcomes could support,			What are the financial implications
	given threshold costs?			and considerations to ensure
	What evidence is required to			continuing access?
	demonstrate that the technology is			
	likely to deliver value as defined by			
	the chosen decision-maker/s?			
	How does the decision maker			
	weight the different elements of			
	impact/value?			
	What other technologies are on the			
	horizon, which may change the			
	competitive or therapeutic			
	environment?			
	What is the market size?			
Technology Readiness Levels	TRL<4 Review of scientific	TRL 5-6 –	TRL 7-8 –	TRL 9 – Market access, adoption and
(TRL) (35)	knowledge base, development of a	Advanced characterization of	Scale-up, initiation of good	post –market surveillance
	technology's hypothesis,	technology and initiation of	manufacturing practice process	
	identification and characterization	manufacturing and/or staff	validation and Phase 2 clinical trials	
	of candidate technologies,	recruitment. Regulated production,		
	optimization and initial	regulatory submission and clinical		
	demonstration of safety and	data.		
	efficacy.			

HTA, Health Technology Assessment; TRL, Technology Readiness Levels

Figure 1. Stages of Delphi process





Figure 2. Level of consensus on provided definition of early HTA

HTA, Health Technology Assessment.